

Healthy Schools Calendar 2024-2025

Key	September	October	November	December	January
<p>GREEN- Evidence Collection Days to support schools working on the Healthy Schools Bronze Award.</p> <p>RED- dates for schools signing up to the Healthy Schools Silver Award.</p> <p>ORANGE- partnership meetings to find out about services and resources.</p> <p>BLUE- awareness days/ weeks/ months across the year (hyperlinked)</p> <p>PINK- awareness days and weeks we provide resources for.</p>	1 st - 30 th - Move More September	7 th 4-5pm- Healthy Schools Silver Award Introduction Meeting	4 th 4-5pm Healthy Schools Silver Award Action Plan Session	3 rd - Giving Tuesday	17 th 9-11am- Mental Health Partnership Meeting
	1 st – 30 th - Scroll Free September	18 th 9-3pm- Healthy Schools Bronze Award Evidence Collection Day	8 th 9-11am- Healthy Eating Partnership Meeting		30 th - Parent Mental Health Day
	10 th - World Suicide Prevention Day	1 st – 31 st - Walk to School Month	4 th – 8 th - International Stress Awareness Week		
	18 th - National Fitness Day	5 th - World Teachers' Day	11 th - 17 th - Sugar Awareness Week		
	27 th - Teaching Assistant's Day	10 th - World Mental Health Day	11 th - 15 th - Anti-Bullying Week		
		16 th - World Food Day	12 th - Odd Socks Day		
		17 th - World Values Day	13 th - World Kindness Day		
			15 th - Friendship Friday		
			17 th – 23 rd - Road Safety Week		
		20 th - World Children's Day			
February	March	April	May	June	July
28 th 9-3pm- Healthy Schools Bronze Award Evidence Collection Day	21 st 9-11am- PSHE Partnership Meeting	1 st – 30 th - Stress Awareness Month	8 th 4-5pm Healthy Schools Silver Award Action Plan Session	27 th 9-3pm- Healthy Schools Bronze Award Evidence Collection Day	1 st - 31 st - Talk to Us - Samaritans Awareness Raising Month
1 st – 28 th - LGBTQ+ History Month	27 th 4-5pm- Healthy Schools Silver Award Introduction Meeting	4 th - Walk to Work Day	16 th 9-11am- Physical Activity Partnership Meeting	1 st – 30 th - Pride Month	30 th - International Day of Friendship
3 rd – 9 th - Children's Mental Health Week	1 st - Self-Injury Awareness Day	7 th - World Health Day	1 st – 31 st - National Walking Month	1 st – 30 th - Gypsy, Roma and Traveller History Month	
6 th - Time to Talk Day	3 rd - World Wildlife Day		12 th – 18 th - Mental Health Awareness Week	1 st - Global Day of Parents	
11 th - Safer Internet Day	7 th - Global Day of Unplugging		14 th - National Children's Day UK	9 th – 13 th - Healthy Eating Week	
17 th - Random Acts of Kindness Day	10 th – 14 th – Empathy Week		15 th - International Day of Families	14 th - Global Wellness Day	
23 rd - Helplines Awareness Day	13 th - International School Meals Day		17 th - International Child Helpline Day	16 th – 22 nd - National School Sports Week	
24 th February – 2 nd March- Eating Disorders Awareness Week	17 th – 23 rd - Neurodiversity Celebration Week		19 th – 23 rd - Walk to School Week	26 th - RSE Day	
	17 th – 23 rd - Nutrition and Hydration Week		21 st - World Meditation Day		
	20 th - International Day of Happiness		28 th - Menstrual Hygiene Day		
	20 th - World Oral Health Day				
	22 nd - World Water Day				

*if you're interested in any of these events, then please contact: healthyschools@northnorthants.gov.uk