EYFS Long Term Plan-Personal, Social and Emotional Development

E	LGS- Seit-regulation
•	Show an understanding of their own feelings
	and those of others, and begin to regulate
	their behaviour accordingly.
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- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

ELGs- Managing self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

ELGs- Building relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

	actions.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year Group Line of	Amazing Me!	Let's Celebrate!	Helping Hands	Ready, Steady, Grow!	Down on the Farm	Under the sea
Enquiry						
Quality	Owl Babies by Martin Waddell;	Non-fiction texts about Divali,	The Three Little Pigs-Trad.	Jack and the Beanstalk	Farmer Duck	Rainbow Fish
Text	Wanted: The Perfect Pet by Fiona	Hannukah, Bonfire Night, Advent,	What do people do all day? –	Oliver's Vegetables	What the ladybird heard	Pirates Love Underpants
	Robertson	Christmas	Richard Scarry	Errol's Garden	The Pig in the Pond by Martin	Harry saves the Ocean – Sylva
	Lost and Found by Oliver Jeffers;	Binny's Diwali by Thrity Umrigar	A Place called Home – Kate	The Very Hungry Caterpillar	Waddell and Jill Barton	Fae
	A Great Big Cuddle:	& Nidhi Chanani	Baker	The little Red Hen-Trad		Michael Recycle – Ellie Bethel
	Poems for the Very Young –		I Love Chinese New Year	Where food comes from: Seeds to Bread	CLPE – The Power of Reading	The dinosaur who pooped a
	Michael Rosen and Chris Riddell;	CLPE – The Power of Reading	Eva Wong Nava	by Sarah Ridley	What the Ladybird Heard by Julia	pirate
		No Dinner! By Jessica Souhami	& Li Xin		Donaldson	The dinosaur who pooped a
	CLPE – The Power of Reading	Lulu's Nana Visits by Alanna		CLPE – The Power of Reading	Bog Baby by Jeanne Willis	princess
	Hello, friend! By Rebecca Cobb		CLPE – The Power of Reading	Erols Garden by Gillian Hibbs		
	Everywhere Bear by Julia	Maths No Problem	Jabari Tries by Gaia Cornwall	Yucky Worms by Vivian French	Maths No Problem	CLPE – The Power of Reading
	Donaldson	Rosy Red	Stanley's Stick by John Hegley		Playmates	Surprising Sharks by Nicola
		Magic Oven		Maths No Problem	Rosy Red	Davies
	Maths No Problem	This 'n That	Maths No Problem	Playmates	Magic Oven	Billy's Bucket by Kes Gray
	Rosy Red		Playmates	Rosy Red	This 'n That	
	Magic Oven		Rosy Red	Magic Oven		Maths No Problem
	This 'n That		Magic Oven	This 'n That		Playmates

			This 'n That			Rosy Red
						Magic Oven This 'n That
Visits and visitors	None this term	Visit -to the church (no cost) Visitor from school community to talk about Diwali (no cost)	Visitors- Police, Fire service, dentist, (no cost) Visitor from school community to talk about Chinese New Year (no cost) Visit - Kingswood (cost)	Butterflies	Visit – Farm (cost)	Princess/mermaid and Pirate Experience Day in school (no cost)
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Managing self	See themselves as a valuable individual Washes hands without reminders.	Make independent choices and is confident to try new things although prefers to choose activities that are within their capability.	Follows school and class rules and can talk about their importance. Knows some ways to keep healthy.	Show resilience and perseverance in the face of challenge. Know and talk about the different factors that support	Explain the reasons for rules, know right from wrong and try to behave accordingly.	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.

	Uses the toilet independently. Knows when to ask for help.	Perseveres with fastenings on coats and follows instructions to dress and undress for PE and Forest School.		their overall health and wellbeing: - regular physical activity - healthy eating - toothbrushing - sensible amounts of 'screen time' - having a good sleep routine - being a safe pedestrian	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	
Building relationships	Interact with a variety of children and is building good relationships with adults and other children. Express likes/dislikes.	Build constructive and respectful relationships. Be aware of the needs of others but can find it hard to let others take the lead. Be able to identify when another child is upset and respond appropriately.	Takes turns in group activities.	Can cooperate with others, listening and sharing some ideas and will listen to advice about how to solve disagreements. Uses words to solve conflicts. Identify and moderate their own feelings socially and emotionally. Identifies how others feel and responds appropriately.	Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and others' needs.	Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and others' needs.