

EYFS Long Term Plan-Physical Development

	ELGs- Gross Motor Skills <ul style="list-style-type: none"> Negotiate space and obstacles safely with consideration for themselves and others. Demonstrates strength, balance and co-ordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 			ELGs-Word Reading-Fine Motor Skills <ul style="list-style-type: none"> Hold a pencil effectively in preparation for fluent writing-using the tripod grip in almost all cases. Use a range of small tools, including scissors, paintbrushes and cutlery. Begin to show accuracy and care when drawing. 		
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year Group Line of Enquiry	Amazing Me!	Let's Celebrate!	Helping Hands	Ready, Steady, Grow!	Down on the Farm	Under the sea
Quality Text	Owl Babies by Martin Waddell; Wanted: The Perfect Pet by Fiona Robertson Lost and Found by Oliver Jeffers; A Great Big Cuddle: Poems for the Very Young – Michael Rosen and Chris Riddell; CLPE – The Power of Reading Hello, friend! By Rebecca Cobb Everywhere Bear by Julia Donaldson Maths No Problem Rosy Red Magic Oven This 'n That	Non-fiction texts about Divali, Hannukah, Bonfire Night, Advent, Christmas Binny's Diwali by Thrity Umrigar & Nidhi Chanani CLPE – The Power of Reading No Dinner! By Jessica Souhami Lulu's Nana Visits by Alanna Maths No Problem Rosy Red Magic Oven This 'n That	The Three Little Pigs-Trad. What do people do all day? – Richard Scarry A Place called Home – Kate Baker I Love Chinese New Year Eva Wong Nava & Li Xin CLPE – The Power of Reading Jabari Tries by Gaia Cornwall Stanley's Stick by John Hegley Maths No Problem Playmates Rosy Red Magic Oven This 'n That	Jack and the Beanstalk Oliver's Vegetables Errol's Garden The Very Hungry Caterpillar The little Red Hen-Trad Where food comes from: Seeds to Bread by Sarah Ridley CLPE – The Power of Reading Erols Garden by Gillian Hibbs Yucky Worms by Vivian French Maths No Problem Playmates Rosy Red Magic Oven This 'n That	Farmer Duck What the ladybird heard The Pig in the Pond by Martin Waddell and Jill Barton CLPE – The Power of Reading What the Ladybird Heard by Julia Donaldson Bog Baby by Jeanne Willis Maths No Problem Playmates Rosy Red Magic Oven This 'n That	Rainbow Fish Pirates Love Underpants Harry saves the Ocean – Sylva Fae Michael Recycle – Ellie Bethel The dinosaur who pooped a pirate The dinosaur who pooped a princess CLPE – The Power of Reading Surprising Sharks by Nicola Davies Billy's Bucket by Kes Gray Maths No Problem Playmates Rosy Red Magic Oven This 'n That
Visits and visitors	None this term	<ul style="list-style-type: none"> Visit -to the church (no cost) Visitor from school community to talk about Diwali (no cost)	<ul style="list-style-type: none"> Visitors- Police, Fire service, dentist, (no cost) Visitor from school community to talk 	Butterflies	Visit – Farm (cost)	<ul style="list-style-type: none"> Princess/mermaid and Pirate Experience Day in school (no cost)

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			about Chinese New Year (no cost) Visit - Kingswood (cost)			
Gross Motor Skills	<p><i>During the Autumn term children will learn to:</i></p> <ul style="list-style-type: none"> -Balance and ride (bikes, trikes, scooters) -Climb apparatus (Outside Area plus the Trim Trail) -Jump safely from a piece of equipment. -Skip, hop, stand on one leg -Use large muscle movements (ribbon sticks, making marks-lines and circles) -Learn playground games (duck, duck goose, tag etc.) -Use large construction to build <p>GET SET FOR PE INTRODUCTION UNIT 1 Lesson 2 - 6</p>	<p><i>During the Autumn term children will learn to:</i></p> <ul style="list-style-type: none"> -Revise and refine movement skills they have already acquired. (Weekly PE sessions/Playtime games/Trim trail, large and small apparatus in Outdoor Area) -Uses a range of ways to move appropriately e.g. jumping, hopping, skipping etc -Climb over and under obstacles -Choose resources to carry out a plan, work with others to manage large items. (Large construction, guttering, planks) <p>GET SET FOR PE FUNDAMENTALS UNIT 1 Lesson 1 – 6</p>	<p><i>During the Spring term children will learn to:</i></p> <ul style="list-style-type: none"> -Progress to a more fluent style of moving. -Combine different movements with ease and fluency. -Confidently and safely use a range of large apparatus. -Balance on and off equipment. -Jump safely from a piece of equipment. <p>GET SET FOR PE GYMNASTICS UNIT 1 Lesson 1 – 6</p>	<p><i>During the Spring term children will learn to:</i></p> <ul style="list-style-type: none"> -Use and remember sequences and patterns of movement related to music and rhythm. -Progress to a more fluent style of moving. -Combine different movements with ease and fluency. <p>GET SET FOR PE DANCE UNIT 1 Lesson 1 – 6</p>	<p><i>During the Summer term children will learn to:</i></p> <ul style="list-style-type: none"> -Confidently and safely use a range of small apparatus. -Develop and refine a range of ball skills including throwing, catching, kicking, passing, batting and aiming. -Develop confidence, competence, precision and accuracy in activities that involve a ball. -Negotiate space and obstacles safely. <p>GET SET FOR PE BALL SKILLS UNIT 1 Lesson 1 – 6</p>	<p><i>During the Summer term children will learn to:</i></p> <ul style="list-style-type: none"> -Confidently and safely use a range of small and large apparatus. -move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <p>GET SET FOR PE GAMES UNIT 1 Lesson 1 – 6</p>

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On-going across the week	<p>Activities will be revisited so children can practice and consolidate skills.</p> <p>Children will be working to develop their overall body strength, co-ordination, balance and agility.</p>					

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Fine Motor Skills	<ul style="list-style-type: none"> -Use one handed tools and equipment (Explicit teaching of scissor control, tweezers, playdough) -Develop a comfortable tripod grip with good control when holding pens/pencils. (modelling grip, opportunities for drawing, patterns) Get Squiggling -Learn how to use a knife and fork (modelling, role play opportunities) -Develop independence putting on own coat and doing up zip. -Become independent meeting their own care needs. (Explicit teaching of hand washing, toileting and eating etc.) -Make healthy choices about food, drink, activity and tooth brushing. 	<ul style="list-style-type: none"> -Use one handed tools and equipment (Explicit teaching of scissor control, tweezers, playdough) -Develop a comfortable tripod grip with good control when holding pens/pencils. (modelling grip, opportunities for drawing, patterns) Get Squiggling -Choose to draw, representing recognizable objects/shapes. -Use scissors to cut along curved lines, holding scissors in the correct position. -Continue to develop their fine motor skills (threading, cutting playdough) -Manage meal times, personal hygiene and queuing with further independence. 	<ul style="list-style-type: none"> -Holds a pencil in a tripod grip. Get Squiggling -Uses scissors to cut around more complex shapes -Begin to develop the foundations of a handwriting style that is fast, accurate and efficient. -Make healthy choices about food, drink, activity and tooth brushing. (Dentist etc./Rock Kids) 	<ul style="list-style-type: none"> -Holds a pencil in a tripod grip. Get Squiggling -Uses scissors to cut around more complex shapes -Develop the foundations of a handwriting style that is fast, accurate and efficient. -Know and talk about the different factors that support their overall health and well-being 	<ul style="list-style-type: none"> -Holds a pencil in a tripod grip. Get Squiggling -Continue to develop the foundations of a handwriting style that is fast, accurate and efficient. -Know and talk about the different factors that support their overall health and well-being 	<ul style="list-style-type: none"> -Hold a pencil effectively using a tripod grip in preparation for fluent writing. -Use a variety of small tools effectively. -Show accuracy and care when drawing. -
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		-Mold an shape clay with fingers and tools.				
On-going across the year	Children will be supported to develop an effective pencil grip throughout the year with the tripod grip being continually modelled. 'Get Squiggling' is a tool and programme to support this development.					