

## EYFS Long Term Plan-Physical Development

	ELGs- Gross Motor Skills			ELGs-Word Reading-Fine Motor Skills		
	<ul style="list-style-type: none"> <li>Negotiate space and obstacles safely with consideration for themselves and others.</li> <li>Demonstrates strength, balance and co-ordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>			<ul style="list-style-type: none"> <li>Hold a pencil effectively in preparation for fluent writing-using the tripod grip in almost all cases.</li> <li>Use a range of small tools, including scissors, paintbrushes and cutlery.</li> <li>Begin to show accuracy and care when drawing.</li> </ul>		
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School BIG Question	Who Am I?		What is my heritage and culture?		Local History/Geography study	
Year Group Line of Enquiry	Amazing Me!	Let's Celebrate!	People Who Help Us	Ready, Steady, Grow!	Under the sea	Down on the Farm
Quality Text	Grandpa – John Burningham; Owl Babies – Martin Waddell; Wanted: The Perfect Pet – Fiona Robertson Lost and Found – Oliver Jeffers; A Great Big Cuddle: Poems for the Very Young – Michael Rosen and Chris Riddell;	Non-fiction texts about Divali, hannukah, bonfire night, advent, Christmas Binny's Diwali by Thrity Umrigar & Nidhi Chanani	The Three Little Pigs-Trad. What do people do all day? – Richard Scarry  A Place called Home – Kate Baker I Love Chinese New Year Eva Wong Nava & Li Xin	Jack and the Beanstalk The Very Hungry Caterpillar The little Red Hen-Trad Where food comes from: Seeds to Bread by Sarah Ridley	Rainbow Fish Pirates Love Underpants Michael Recycle – Ellie Bethel Harry saves the Ocean – Sylva Fae	Farmer Duck What the ladybird heard The Pig in the Pond by Martin Waddell and Jill Barton
Visits and visitors	None this term	<ul style="list-style-type: none"> <li>Visit - to the church (no cost)</li> <li>Visit – Corby library and theatre visit, Gruffalo's Child (5/10) Or pantomime. (cost)</li> </ul> <p>Visitor from school community to talk about Diwali? (no cost)</p>	<ul style="list-style-type: none"> <li>Visitors- Police, Fire service, dentist, (no cost)</li> <li>Visitor from school community to talk about Chinese New Year? (no cost)</li> </ul> <p>This term or next term - Visit - Kingswood (cost)</p>	<ul style="list-style-type: none"> <li>Visit- Stratford Butterfly Farm (cost)</li> </ul>	Princess/mermaid and Pirate Experience Day in school (no cost)	Visit – Farm (West Lodge) (cost)

Physical Development

<p>Gross Motor Skills</p>	<p><i>During the <b>Autumn</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Balance and ride (bikes, trikes, scooters)</li> <li>-Climb apparatus (Outside Area plus the Trim Trail)</li> <li>-Jump safely from a piece of equipment.</li> <li>-Skip, hop, stand on one leg</li> <li>-Use large muscle movements (ribbon sticks, making marks-lines and circles)</li> <li>-Learn playground games (duck, duck goose, tag etc.)</li> <li>-Use large construction to build</li> </ul>	<p><i>During the <b>Autumn</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Revise and refine movement skills they have already acquired. (Weekly PE sessions/Playtime games/Trim trail, large and small apparatus in Outdoor Area)</li> <li>-Uses a range of ways to move appropriately e.g. jumping, hopping, skipping etc</li> <li>-Climb over and under obstacles</li> <li>-Choose resources to carry out a plan, work with others to manage large items. (Large construction, guttering, planks)</li> </ul>	<p><i>During the <b>Spring</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Progress to a more fluent style of moving.</li> <li>-Combine different movements with ease and fluency.</li> <li>-Confidently and safely use a range of large apparatus.</li> <li>-Throw, kick and pass a large ball.</li> </ul>	<p><i>During the <b>Spring</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Use and remember sequences and patterns of movement related to music and rhythm.</li> <li>-Balance on and off equipment.</li> <li>-Jump safely from a piece of equipment.</li> </ul>	<p><i>During the <b>Summer</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Confidently and safely use a range of small apparatus.</li> <li>-Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting and aiming.</li> <li>-Develop confidence, competence, precision and accuracy in activities that involve a ball.</li> <li>-Negotiate space and obstacles safely.</li> </ul>	<p><i>During the <b>Summer</b> term children will learn to:</i></p> <ul style="list-style-type: none"> <li>-Confidently and safely use a range of small and large apparatus.</li> <li>-move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>
<p>On-going across the year</p>	<p>Activities will be revisited so children can practice and consolidate skills.</p> <p>Daily 'Go Noodle' for regular physical activity.</p> <p>Children will be working to develop their overall body strength, co-ordination, balance and agility.</p>					

Physical Development

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Fine Motor Skills</p>	<ul style="list-style-type: none"> <li>-Use one handed tools and equipment (Explicit teaching of scissor control, tweezers, playdough)</li> <li>-Develop a comfortable tripod grip with good control when holding pens/pencils. (modelling grip, opportunities for drawing, patterns) Get Squiggling</li> <li>-Learn how to use a knife and fork (modelling, role play opportunities)</li> <li>-Develop independence putting on own coat and doing up zip.</li> <li>-Become independent meeting their own care needs. (Explicit teaching of hand washing, toileting and eating etc.)</li> <li>-Make healthy choices about food, drink, activity and tooth brushing. (Link with learning about people</li> </ul>	<ul style="list-style-type: none"> <li>-Use one handed tools and equipment (Explicit teaching of scissor control, tweezers, playdough)</li> <li>-Choose to draw, representing recognizable objects/shapes.</li> <li>-Use scissors to cut along curved lines, holding scissors in the correct position.</li> <li>-Continue to develop their fine motor skills (threading, cutting playdough)</li> <li>-Manage meal times, personal hygiene and queuing with further independence.</li> <li>-Mold an shape clay with fingers and tools.</li> </ul>	<ul style="list-style-type: none"> <li>-Holds a pencil in a tripod grip.</li> <li>-Uses scissors to cut around more complex shapes</li> <li>-Begin to develop the foundations of a handwriting style that is fast, accurate and efficient.</li> <li>-Make healthy choices about food, drink, activity and tooth brushing.</li> </ul>	<ul style="list-style-type: none"> <li>-Uses scissors to cut around more complex shapes</li> <li>-Develop the foundations of a handwriting style that is fast, accurate and efficient.</li> <li>-Know and talk about the different factors that support their overall health and well-being</li> </ul>	<ul style="list-style-type: none"> <li>-Continue to develop the foundations of a handwriting style that is fast, accurate and efficient.</li> <li>-Know and talk about the different factors that support their overall health and well-being</li> </ul>	<ul style="list-style-type: none"> <li>-Hold a pencil effectively using a tripod grip in preparation for fluent writing.</li> <li>-Use a variety of small tools effectively.</li> <li>-Show accuracy and care when drawing.</li> </ul>
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Physical Development

	<p>who help us: Dentist etc./Life Education visit)</p>					
<p>On-going across the year</p>	<p>Daily Fine motor activities, inc 'Hot Shot Strength'</p> <p>Children will be supported to develop an effective pencil grip throughout the year with the tripod grip being continually modelled. 'Get Squiggling'</p>					